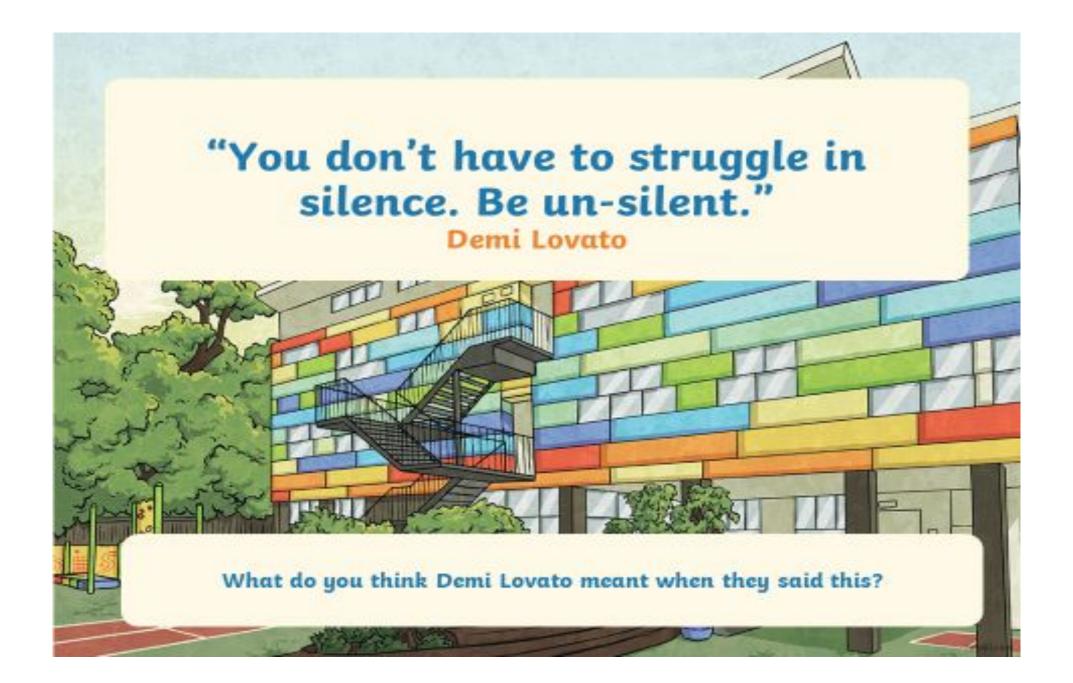
## **ANTI-BULLYING WEEK 2023**

MAKEA NOISE ABOUT BULLYING

ANTI-BULLYING ALLIANCE





#### Anti-Bullying Week 2023 Make A Noise About Bullying

Too often, we are silent when we see bullying take place, silent about the hurt bullying causes, and silent when we hear bullying dismissed as 'just banter'. Together, we can make a difference and take a stand against bullying. From the playground to Parliament, and from our phones to our homes, let's make a noise about bullying. It doesn't have to be this way. Of course, we won't like everyone, and we don't always agree, but we can choose respect and unity. This Anti-Bullying Week let's come together to have discussions about what bullying means to us, how banter can turn into something more hurtful, and what we can do to stop bullying.



https://youtu.be/VkU2xYJKQq4



The **repetitive**, **intentional hurting** of one person or group by another person or group, where the relationship involves an **imbalance of power**. Bullying can be physical, verbal or psychological.

### It can happen face to face or online.

## **Different Kinds of Bullying**

Physical bullying – Includes pushing, shoving, biting, pinching, hitting and kicking. It could also be damaging or taking someone's belongings.

Verbal bullying - Includes name-calling, saying nasty things about someone, teasing and threats.

Social bullying – Includes spreading rumours about someone, leaving someone out on purpose, telling others not to be friends with someone or embarrassing someone in public.

Cyberbullying – Includes trolling, mobbing, stalking, grooming or any form of abuse online. This is done with the use of technology.



## IT'S NOT BANTER IF...

- 1. You would be upset if someone said it to you
- 2. It's hurtful
- 3. You're not friends
- 4. Someone's asked you to stop
- 5. The target isn't laughing
- 6. It focuses on someone's insecurities

## The Impact of Bullying

How do	you thin	k being	bullicd	can mai	te someone	feel?
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L	hurt	
Г	left out	٦

	sad				
-					
Γ	lonely				

	_
upset	

scared

#### How can it affect their daily life?

Bullying can make people feel unwell.

It could affect someone's school work.

It could affect how they feel about themselves.

It could make someone not want to come to school.



# BULLYING ISN'T WELCOME HERE!



## Who can you speak to at school?

**Our Safeguarding Team** 



Mrs Maciver Deputy Headteacher, Designated Safeguarding Lead, Early Years DSL and LAC Lead



Mrs Evison Pastoral and Early Help Attendance Worker



Mrs Baldwin Headteacher Deputy DSL & LAC Lead



Miss Wilson Asst Head & Deputy DSL



Mrs Iones Asst Head, SENCO & SEN DSL



Mr Otten E Safety Lead





Mrs Ouinn -FWBC Manager



Mrs Hodge -FWBC



Mrs Herbert - FWBC







Mrs Jones - FWBC



#### This Anti-Bullying Week, let's make a noise about bullying.





Monday 13<sup>th</sup> to Friday 17<sup>th</sup> November #AntiBullyingWeek #MakeANoise