



*for parents and carers of children and  
young people, aged 0-25 years,  
with special educational  
needs and or disabilities*



## Signposting

*Empowering parents and carers*

We provide information for parents and carers in Sefton. Through our network we are also able to signpost families to a wide range of local opportunities.



## Gathering

*Enabling peer support*

When you access our sessions, come along to a drop-in, or join us on social media, you will open up a network of other parents and carers who are going through the same journey as you.



## Consultation

*Being representative*

When we are in contact with parents and carers we are gathering their opinions. These opinions become part of a larger parent voice when we are representing Sefton families.



## Making changes

*Having a voice*

When you join the forum, whether you are joining a workshop or chatting on Facebook, you are adding your voice to a growing body of Sefton parents. In turn, your opinions are shaping local services.

# **PARENT CARER FORUM**

We work with Sefton Local Authority, Education settings, Cheshire and Merseyside ICB and NHS, social care and other service providers to ensure that the services they plan and deliver meet the needs of children and young people, aged 0-25 years with SEND. We do this through consultation and co-production.

## **AREAS OF INVOLVEMENT**

- ✓ **Education, Health and Care Plans**
- ✓ **Health Services**
- ✓ **SEN Support & inclusion**
- ✓ **SEND Reforms**
- ✓ **Educational Transitions**
- ✓ **Personal Budgets**
- ✓ **Preparing for Adulthood**
- ✓ **Local Offer**
- ✓ **Transport**



## CONTACT INFORMATION

E-mail: [info@seftonpcf.org](mailto:info@seftonpcf.org)  
Facebook (Private): **SPCF - Sefton Parent Carer Forum**  
Facebook (Public): **Sefton Parent Carers Information Sharing Network**  
Twitter: **@SeftonPcfNew**  
Instagram: **Seftonpcf**  
Website: [www.seftonpcf.org](http://www.seftonpcf.org)  
Address: **SPCF Shared Space, Cambridge Family Wellbeing Centre, Cambridge Road, Bootle, L20 9LQ**

**Website  
QR Code**



**Information  
Sharing Page  
QR Code**



**Parent Carers only  
Private Facebook  
QR Code**

